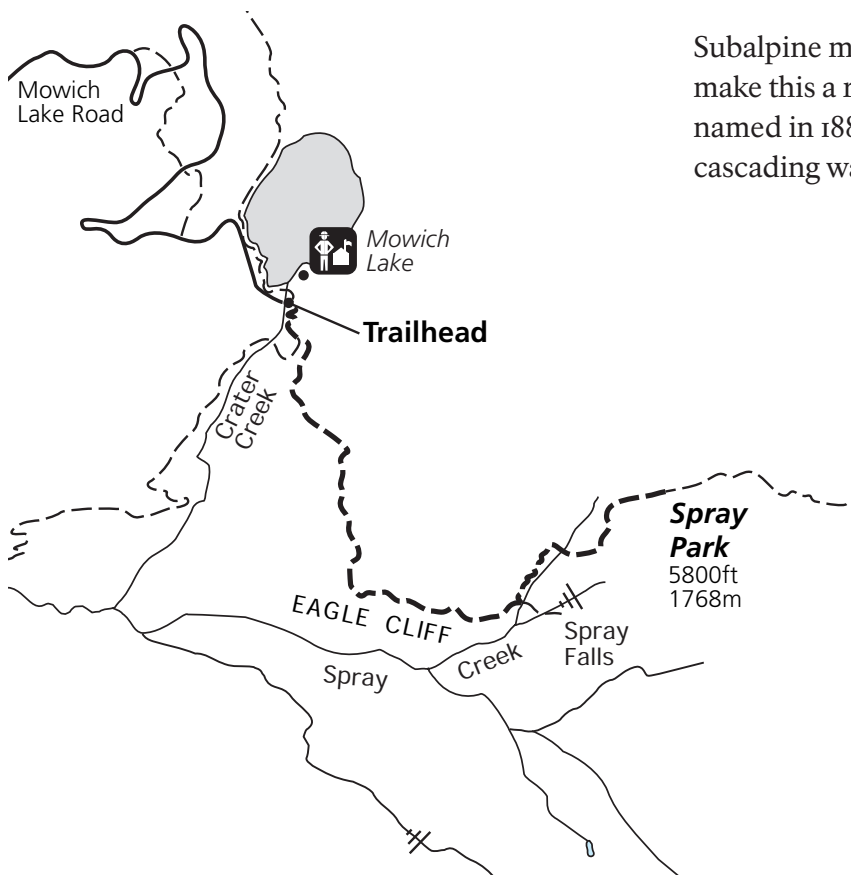


Mount Rainier National Park

National Park Service
U.S. Department of the Interior



Spray Park



Subalpine meadows, a waterfall, and great views of Mount Rainier make this a rewarding hike. Spray Park and Spray Falls were likely named in 1883 by a trail construction crew who noted how the cascading water of the falls broke “into a mass of spray.”

**Stay on trails. Do not pick flowers.
Carry the “10 Essentials” and
Leave No Trace of your visit.
Pets and bicycles are not allowed
on park trails.
Do not feed or approach wildlife.
Use a topographical map.
Permit required for wilderness camping.**

Trail Description

Round-trip Distance:
6 miles (9.7 km)

Elevation Gain:
1300 feet (396 m)

Hiking Time Round-trip:
3 hours

Difficulty Level:
Moderate

Trailhead: The trailhead is located on the southwest side of Mowich Lake walk-in campground at the end of the Mowich Lake Road.



Along the Trail

Open forest predominates for most of this hike. 1.5 miles (2.4 km) from the trailhead, Eagle's Cliff overlook offers a spectacular view of Mount Rainier and the Mowich Glacier. Later, a short spur trail leads to

a good view of Spray Falls. During the height of summer, the flowering meadows of Spray Park rival the beauty of any in the park.